

The Elite Cricket Academy

‘Whatever you put in is what you get out’



Elite Cricket Academy is run by Johnson Park Cricket Club's Overseas Player Usman 'Uzi' Arif. Uzi is a well established Level 2 English Cricket Board Cricket Coach, Level 1 Nutritionist and is a Level 1 Personal Trainer. Uzi has played Cricket for Leicestershire County Cricket Club at 2nd XI level and has great potential to play for England. Uzi is a Fast bowling All-rounder who has been clocked at 142kph in the NatWest Speed star challenge.

Elite Cricket Academy is for all standards and ages including those individuals who wish to play professional cricket and further. The Academy offers individual and group coaching sessions which will cater for each player's individual needs and requirements. Uzi can help you improve your cricket skills in all areas of the game. Coaching sessions include:

- Batting - Techniques - Video Analysis
- Bowling - Techniques - Video Analysis
- Fitness and Fielding – Techniques - Drills and Testing

Have you got a dream to be the best you can possibly be then contact Uzi on

0477 293 666 or uzzionfire@hotmail.com